

Harold J. Dean, Ed.D.
Superintendent of Schools

Philip E. Kenter, Ed.D.
School Business Administrator

Robert J. Scappatore
School Principal

Michael C. Gordon
Assistant Principal/ Director of Special Education



2460 North Wading River Road
Wading River, New York 11792
Tel (631) 929-4300
Fax (631) 929-0303

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May 26, 2020

Dear Parents and Guardians of Little Flower Students,

Please see the resources below from Suffolk County and NYS which may be of assistance regarding SNAP benefits, mobile carrier service support, mental health supports, and child care supports.

**If you need help
buying food,
SNAP can help.**



The COVID-19 pandemic continues to impact families. Find out if your family is eligible for SNAP (Supplemental Nutrition Assistance Program). SNAP provides monthly benefits to help you buy food. If you are eligible for SNAP, you can continue to receive meals from your school.

You can get and use SNAP while social distancing:

- Everything you need to do to apply for and receive SNAP benefits can be done by phone or online—no need to visit a local social service office.
- Use SNAP benefits at local grocery stores or shop online at Amazon, Walmart, or ShopRite and have groceries delivered or picked up. (See their websites for availability in your area.)

Apply for SNAP online at [MyBenefits.ny.gov](https://mybenefits.ny.gov)

Need Help Applying?

The Nutrition Outreach and Education Program (NOEP) helps families apply for SNAP. NOEP Coordinators help you see if you may be eligible for SNAP, answer questions, and help you complete and submit your application. It is free and confidential. Find your local NOEP Coordinator at FoodHelpNY.org or use the list on the back of this flyer.



HungerSolutionsNY.org

Funded by NYSOTDA, USDA/FNS, FRAC, and The Walmart Foundation.
This institution is an equal opportunity provider.

Dedicated To The Education Of All Children

	New York City by Borough	NOEP Agency Name	Phone Number	
New York City	All Boroughs	Center for Independence of the Disabled, New York	646-849-8077	
	All Boroughs	Chinese-American Planning Council, Inc.	212-941-0030 x 213	
	All Boroughs	Food Bank For New York City	212-566-7855 x8074	
	All Boroughs	Urban Justice Center	718-960-3393	
	Brooklyn	CAMBA, Inc.	718-287-0010	
	Brooklyn	Edith and Carl Marks Jewish Community House of Bensonhurst	718-331-6800 x137	
	Brooklyn	Metropolitan Council on Jewish Poverty	347-880-2922	
	Brooklyn	Nachas Health & Family Network, Inc.	718-436-7373 x16	
	Brooklyn, Bronx, Manhattan, Queens	Hunger Free America	646-865-0769	
	Bronx	Mosholu Montefiore Community Center, Inc.	718-882-4000 x304	
	Bronx	Part of the Solution (POTS)	646-673-6479	
	Bronx, Manhattan	West Side Campaign Against Hunger/West Side Center for Community Life	917-837-5663	
	Manhattan	Apicha Community Health Center	646-744-0993	
	Manhattan	Lenox Hill Neighborhood House	212-218-0431	
	Queens	Jewish Community Council of the Rockaway Peninsula	718-327-7755 x6127	
	Queens	Queens Legal Services Corporation	347-592-2206	
	Rest of State	Rest of State by County	NOEP Agency Name	Phone Number
		Albany	Legal Aid Society of Northeastern New York, Inc.	518-462-6765 x327
		Allegany	Cattaraugus Community Action, Inc.	585-307-0549
Broome		Family Enrichment Network, Inc.	607-723-8313 x827	
Cattaraugus		Cattaraugus Community Action, Inc.	716-945-1041 x118	
Chautauqua		Cattaraugus Community Action, Inc.	716-244-7337	
Chemung		Food Bank of the Southern Tier	607-796-5592	
Chenango		Catholic Charities of Chenango County	607-336-7897 x 328	
Clinton		Legal Aid Society of Northeastern New York, Inc.	518-563-4022 x112	
Columbia		Catholic Charities of Columbia and Greene Counties	518-828-8660 x128	
Cortland		Cortland County Community Action Program	607-745-7240	
Delaware		Delaware Opportunities Inc.	607-746-1670	
Dutchess		Hudson Valley Community Services, Inc.	845-360-9722	
Erie		Food For All, a program of the Network of Religious Communities	716-364-7573	
Franklin		Massena Independent Living Center	518-483-2151	
Fulton		Legal Aid Society of Northeastern New York, Inc.	518-810-9081	
Genesee		Food For All, a program of the Network of Religious Communities	585-815-5721	
Greene		Catholic Charities of Columbia and Greene Counties	518-943-1462 x1	
Herkimer		Catholic Charities of Herkimer County	315-894-9917 x235	
Jefferson		Community Action Planning Council of Jefferson County, Inc.	315-955-9319	
Livingston		Legal Assistance of Western New York, Inc.	585-572-1714	
Madison		Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2609	
Monroe		Legal Assistance of Western New York, Inc.	585-295-5624	
Montgomery		Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x225	
Nassau		Catholic Charities of the Diocese of Rockville Centre, Inc.	516-317-1929	
Nassau		Health and Welfare Council of Long Island	516-505-4431	
Niagara		Niagara Community Action Program, Inc.	716-439-1322	
Oneida		Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2387	
Onondaga		Food Bank of Central New York	315-437-1899 x224	
Ontario		Legal Assistance of Western New York, Inc.	315-781-1465	
Orange		Hudson Valley Community Services, Inc.	914-606-1360	
Otsego		Catholic Charities of Delaware, Otsego and Schoharie Counties	607-432-0061 x112	
Putnam		Catholic Charities Community Services, Archdiocese of New York	917-275-5459	
Rensselaer		Unity House of Troy, Inc.	518-274-2607 x4108	
Rockland		Catholic Charities Community Services of Rockland	917-828-4505	
Saratoga		Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x412	
Schenectady		Catholic Charities Tri-County Services	518-374-2427	
Schuyler		Catholic Charities of Chemung & Schuyler	607-535-2050 x208	
Seneca		Legal Assistance of Western New York, Inc.	315-781-1465	
St. Lawrence		Massena Independent Living Center	315-764-9442 x405	
Steuben		Catholic Charities of Steuben County	607-329-4387	
Suffolk		Catholic Charities of the Diocese of Rockville Centre, Inc.	631-258-1461	
Suffolk		Health and Welfare Council of Long Island	516-505-4425	
Sullivan		Hudson Valley Community Services, Inc.	845-842-1232	
Tioga		Catholic Charities of Tompkins & Tioga	607-272-5062 x305	
Tompkins		Catholic Charities of Tompkins & Tioga	607-272-5062 x21	
Ulster		Hudson Valley Community Services, Inc.	845-579-2558	
Warren	Catholic Charities of Saratoga, Warren and Washington Counties	518-793-6212		
Washington	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x408		
Wayne	Legal Assistance of Western New York, Inc.	315-781-1465		
Westchester	Catholic Charities Community Services, Archdiocese of New York	914-476-2700 x212		
Wyoming	Food For All, a program of the Network of Religious Communities	585-456-4224		
Yates	Pro Action of Steuben and Yates, Inc.	315-313-2536		



Suffolk County Executive Steven Bellone

AT&T Customer Support

May 14, 2020

AT&T Extends Customer Relief During COVID-19

We know that some of our customers are having economic hardships as a result of COVID-19. Through June 30, we're committed to providing all residential and commercial postpaid wireless, home phone, or broadband customers up to 90 days from their initial past due date to pay their past due balance. In other words, customers who notify us of economic hardship due to COVID-19 have 90 days from their initial past due date or until June 30, whichever comes first, to pay their past due balance.

If you receive a suspension notice or know that your bill is past due, [please let us know as soon as possible](#) and then [set up a payment arrangement](#). Please have your user ID and password ready.

We're also waiving late payment fees and overage charges for customers who [notify us](#) that they are impacted by COVID-19. We have extended this offer from the original end date of May 13 through June 30. In addition, we've extended the following relief efforts:

- More mobile hotspot data – We are automatically increasing mobile hotspot data by 15GB a month for each line on an unlimited plan that currently includes a monthly tethering allotment through June 30. That means if you're on AT&T Unlimited Elite you'll automatically get 45GB a month of tethering per line. [Click here](#) to see how to set up your mobile hotspot.
- Connecting Service Men and Women - We're helping keep our military and their families connected during this difficult time. We've worked out an agreement with the Navy Exchange Command that allows military personnel stationed on selected Navy ships to make calls to their loved ones through June 30 at no cost to the Navy or its sailors. Additionally, to assist military personnel in Guam we're waiving Guam-based international roaming charges for AT&T Mobility accounts through May 31 and retroactively to April 1.
- Unlimited AT&T Home Internet – All AT&T consumer home internet customers, as well as Fixed Wireless Internet, can use unlimited internet data through June 30.
- Access from AT&T – We'll continue to offer internet access for qualifying limited income households at \$10 a month through our [Access from AT&T program](#). We've expanded eligibility to the program to households participating in the National School Lunch Program and Head Start. We are currently offering new Access from AT&T customers two months of free service through May 24.



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T Mobile-Customer support Update

May 14, 2020

Keeping customers connected continues to be one of our highest priorities during the pandemic and we remain committed to ensuring all current T-Mobile customers on plans that currently have data are provided with the connectivity they need to learn and work.

The vast majority of customers on T-Mobile and Metro by T-Mobile plans continue to have unlimited talk, text and data, and our T-Mobile Home Internet customers already have unlimited plans with no data caps or surcharges.

In addition to extending our commitment to the FCC pledge through June 30, we have several temporary measures to further support our customers, including those on plans without unlimited data:

- Providing unlimited high-speed smartphone data to current customers who have legacy plans without unlimited high-speed data (excluding roaming) through June 30, 2020;
- Giving T-Mobile postpaid and Metro by T-Mobile customers on smartphone plans with mobile hotspot data the ability to add 10GB of Smartphone Mobile HotSpot each month for the next two months (20GB total) through June 30, 2020 (excluding T-Mobile Connect);
- Working with our Lifeline partners to provide customers up to 5GB per month of extra free data through June 30, 2020;
- Increasing the data allowance, at no extra charge, to schools and students using our EmpowerED digital learning program to ensure each participant has access to at least 20GB of data per month through June 30, 2020; and
- Providing free international calling to landlines (and in many cases mobile numbers) to countries that were significantly impacted by COVID-19 through **May 13, 2020 (EXPIRED)**.



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Verizon Customer Support Update

18 de mayo del 2020

- Will not charge a late fee or terminate service due to COVID19 hardship.
Once you have submitted your hardship form, your account will be protected from late fees and service termination through June 30, 2020. There is no need to contact us to confirm receipt of your form; your account will be updated accordingly.
- Additional Mobile Hotspots data:
Verizon is automatically adding 15 GB of data across nearly all plans, to be used between 05/01/2020 and 05/31/2020. An additional 15 GB of data was also added for use from 03/25/2020 and 04/30/2020.
- Beware of Scams:
Verizon is offering Call Filter Plus for free for 60 days so that customers receive the benefits of Caller ID and know who's calling when receiving important calls from the government or healthcare entities. Visit our Call Filter FAQs for details about eligibility and how to enroll.
- Voice Minutes Calling Plans will not be charged overage fee.
Between 03/20/2020 and 05/31/2020, if you are on a postpaid calling plan that has a fixed amount of minutes, you won't be charged voice overage fees if you go over. Eligible customers will receive a text message with additional information.



Suffolk County Executive Steven Bellone

Association for Mental Health and Wellness

Health Homecare Management- MHAW's Children's Care Management
For new referrals or information: (631) 471-7242 x1470

MENTAL HEALTH HELP LINE:
(631) 226-3900 HELPLINE@MHAW.ORG WWW.MHAW.ORG

Program is designed to align with the three core goals of the Governor's Medicaid Redesign Taskforce:

- Improve care and health outcomes
- Reduce preventable emergency room visits and hospitalizations
- Lower cost of healthcare and social services

This is achieved by emphasizing care coordination and care management for all children with physical and behavioral health needs.

Care Management Services

Care Managers assist children with physical and behavioral health challenges to access and coordinate all of their healthcare and social service needs. Services include:

- Develop a personal plan to meet one's physical, mental health, chemical dependency, and social service needs.
- Coordinate, monitor, and evaluate the ongoing effectiveness of the child's care.
- Provide follow-up from inpatient and emergency room care to help prevent re-admissions. Assist children and families with access to important resources such as public assistance, housing, child care, food pantries, transportation, and more.
- Provide physical and behavioral health education and support for the child, their family members, and other caregivers.
- Ensure that all providers share vital information electronically to ensure the most safe and effective services.

Care managers work in teams to connect with children in their homes and at healthcare, education and social service sites across Suffolk County.

Our teams also reach out to engage children and their families in hospitals and those referred by community agencies, families, schools, health/behavioral health providers, and other social services.

The effectiveness and quality of services provided by our program are monitored by the New York State Department of Health and the New York State Office of Mental Health.

ELIGIBILITY :

MHAW offers Child Care Management Programs which is provided in coordination with Hudson River Healthcare and Northwell Health for those who are Medicaid eligible and who have:

- One single qualifying condition of - Serious emotional disturbance (SED); or - HIV/AIDS
- Or, two or more chronic conditions, such as: - Alcohol and substance use - Mental health condition - Cardiovascular disease (such as hypertension) - Metabolic disease (such as diabetes) - Respiratory disease (such as asthma)
- Complex Trauma - Children/or adolescents' exposure to multiple traumatic events, often of an invasive, interpersonal nature



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Child Care Council of Suffolk-Free Childcare for Essential Workers May 14, 2020

The CARES Child Care Scholarship will provide free child care to income eligible essential workers. The Scholarship program will pay for the cost of child care for children attending a licensed or registered child care provider between **April 20, 2020 and May 31, 2020**. Payments will only be made to child care providers for children who have been approved for the scholarship by the Child Care Council of Suffolk, Inc.

APPLICATION & ELIGIBILITY QUESTIONS Who is eligible?

All essential workers as defined in Executive Order 202.6, who are at or below 300% of the federal poverty level.

Family Size	Household Salary Eligibility (Maximum)
2	\$51,720
3	\$65,160
4	\$78,600
5	\$92,040
6	\$105,480
7	\$118,920
8	\$132,360

You must currently be working as an essential worker outside of the home, and income eligible. How do I apply if I think I am eligible? If you think you are eligible, you can apply here:

- a. English - <https://forms.gle/MJ95dpSdP6ehMfFF9>
- b. Chinese - <https://forms.gle/zvZnNi1fqJ3mc4Ew6>
- c. Spanish - <https://forms.gle/qFRKZpVsaG7ZpwAx7>